



COVID-safe Guidelines for Marist College Canberra Sports Clubs For COVID Normal restrictions – Updated 23rd February 2021

<p>Permitted Activities</p>	<ul style="list-style-type: none"> All regular training practices and competitions can continue. Continued emphasis on physical distancing (1.5m rule), personal and respiratory hygiene. Outdoor community sporting events (Venue) limited to groups of no more than 500* spectators, this excludes staff and participants. A venue is classified as a field with each field separated from each other. <p>* Events between 501 and 1,000 people must notify ACT Health of their event and submit a COVID Safety Plan for review.</p> <p>* Events and gatherings over 1,000 people require an exemption.</p>
<p>Training Protocols</p>	<ul style="list-style-type: none"> Clubs should adhere to the code specific skill and conditioning frameworks published by their Sporting Association. Clubs should follow the training and grounds set-up protocols published by their Sporting Association. Communication protocols should be confirmed around training cancellations if a coach is unwell.
<p>Training Logistics</p>	<p>Prior to commencing training, clubs should consider and plan for the following:</p> <ul style="list-style-type: none"> Ensuring an adequate number of volunteer coaches are available to support the training structure proposed. Ensuring all volunteers have valid WWVP credentials and applicable coaching qualifications in place. Ensure structured training programs are provided to all coaches prior to each session to support any modified formats and/or restrictions in place. Allocate training areas to teams and communicate this clearly to coaches in advance. <p><i>All clubs are required to submit this information in advance to the College Head of Sport, Mr Paul Mead who will confirm Marist oval allocations.</i></p>
<p>Attendance</p>	<ul style="list-style-type: none"> Students, coaches or any volunteer involved in training are not to participate if they: <ul style="list-style-type: none"> Feel unwell or have any cold or flu-like symptoms; Have been exposed to a person with COVID-19 in the preceding 14 days; Have visited any areas deemed by ACT Health or NSW Health to be a hotspot in the preceding 14 days; or Are awaiting, or have a family member/close contact awaiting a COVID-19 test result. Clubs should encourage anyone in a vulnerable category in relation to COVID-19 to seek medical advice prior to their participation.

	<ul style="list-style-type: none"> • Anyone who becomes unwell during training should be isolated and arrangements made for them to be collected immediately. • The College has registered with the Check In CBR App with separate QR codes in place for the following locations: <ul style="list-style-type: none"> ○ Marist College Canberra ○ Curtin Oval ○ Mawson Oval ○ Pearce Oval ○ Phillip Oval • The College will provide the QR codes to clubs, and these should be prominently displayed at venues. • Attendance lists should continue to be maintained for all trainings and matches. • Contact tracing registers will be set-up for all attending the venue on the day. Clubs are encouraged to utilise an electronic QR code scanner to record attendance information.
Hygiene and Equipment Cleaning Measures	<ul style="list-style-type: none"> • College expectations in relation to hand and personal hygiene measures apply. This includes discouraging physical greetings (e.g. handshakes). • All participants should wash/sanitise their hands prior to commencing training/matches, after toilet breaks and at the end of training/matches. • Sanitisation stations are in place for use for teams training onsite at the college. • Clubs should provide hand sanitiser for individual training groups/teams and cleaning supplies for equipment. Clubs should encourage participants to bring their own hand sanitiser. • Equipment cleaning protocols per individual Sporting Association COVID-safety plans. • Participants are required to bring their own drink bottles. College bubblers have been re-opened. • Sharing of food and drink bottles is not permitted. • Bins are available across college grounds for the safe disposal of rubbish.
Social Distancing on College Grounds	<ul style="list-style-type: none"> • Clubs and COVID-safety officers should take a proactive approach by ensuring adequate social distancing signage is visible on grounds and encourage attendees of the social distancing requirements. • Grandstands and portable stands/bleachers can be utilised by spectators for use while viewing matches only. Spectators utilising these facilities are required to maintain physical distancing of 1.5 metres between family groups.
Change Rooms	<ul style="list-style-type: none"> • Use of change rooms at the College is permitted. Only players and officials should enter the rooms. Spectators should not return to change rooms following conclusion of matches.
Canteen	<p>The College supports the operation of canteens onsite, with the following guidelines:</p> <ul style="list-style-type: none"> • Maximum occupancy in the canteens in compliance with 4m2 rule is 10 adults.

	<ul style="list-style-type: none"> • Volunteers and customers will need to maintain social distancing during service. • In addition to existing food safety requirements, ensure good hand hygiene and environmental cleaning (particularly of high-touch points such as counters and fridge doors). • Gloves should be worn at all times. • Cashless transactions are recommended.
Meetings	<ul style="list-style-type: none"> • Clubs can resume face-to-face gatherings such as committee meetings and coach/manager briefing sessions.
Presentation Nights & Events	<ul style="list-style-type: none"> • Clubs can resume presentation evenings and events at the College, subject to consultation with the College, COVID restrictions and venue capacity, and with risk management plans in place.
Parents and Spectators - Training	<ul style="list-style-type: none"> • Parent/carers should be encouraged to maintain physical distancing (1.5m rule), personal and respiratory hygiene.
Parents and Spectators - Competitions	<ul style="list-style-type: none"> • No restrictions on parents/carers attending matches.
<i>Key Principle Remains – Get in, play, and get out.</i>	